

Eva Sabone Kovach SOME RESULTS OF SCENAR THERAPY

More than one and a half years have passed since I first studied SCENAR therapy and, thanks to successful results, it has considerably changed my life. *Success is the best stimulant/or a man.*

Of course, sometimes there are unsuccessful cases. Absolute failure happened when treating a woman, aged 47, with oedema of the optic nerve. During the first course, some positive changes had appeared, however, due to circumstance, the second course was postponed for a long period of time and an improvement was not achieved (further treatment with acupuncture did not bring results either).

A patient with polyps of the large intestine did not have success with the treatment. In this case, where the patient suffered with an ulcer of the stomach, inflammation of the pancreas, and ulcerative colitis, we had insufficient results. Other patients, even though results were not 100%, were satisfied with the treatment.

Now we look at cases, which were successful.

Female, 23 years. She could not close her eyes (*lagophthalm*). The patient tried everything with no success. She would blindfold herself at night. The action was applied on the eyeball, zones around the eyes, 6 points, the liver, the kidneys and reflective zones of the eyes. After the seventh session the improvement began. After 10 sessions she came to a complete recovery.

A boy of 14 years had an *allergy* of mosquito bites and had *eczema* on the legs. Zones for the action were detected after an examinational talk. The boy had also suffered with a number of respiratory diseases. He had had pneumonia twice and he had been treated with a substantial amount of antibiotics. The boy was warned that in the course of treatment, skin manifestation would disappear, but signs of previous illnesses of the respiratory tract might reappear. The prediction happened. The patient went through pneumonia, but without the high temperature and complications, he just lost his appetite and experienced depression. It is interesting to note that the boy became quieter and preferred to be alone. After 4 sessions all symptoms disappeared, and eczema began to dry out.

Male, 40 years. Suffering with an allergy of pollen, domestic dust mites, and animal fur, from the age of 6. As a rule, the disease starts from the upper respiratory tract and then goes deeper until pneumonia starts. Treatment is usually with antibiotics. The first successful treatment was conducted the previous year (by doctor Kalipanova), but the allergy was provoked when the patient was dismantling a wooden house. Locally, he was given drug therapy, and then SCENAR therapy was started. In the course of treatment, all the previous pneumonia that he had had, started to manifest one by one. The treatment process lasted for about 2 weeks, three times a day. The patient lost weight and experienced weakness. However, because the previous medicines did not work anyway, SCENAR treatment was continued.

After the pneumonia he had asthma, or, to be more precise, constant asthmatic breathing. At that moment a doctor-homeopath was asked to participate in the treatment. He prescribed "Sulphurikum". Thanks to this medicine, the symptoms of asthma diminished, but allergy signs were increasing. As the symptoms of allergy were easily treated by SCENAR, this was not a problem. The treatment was extended for one more week.

Presently, approximately once a week, the patient has an itchy throat, which can easily be stopped using SCENAR therapy.

Male, 45 years. The patient was suffering with thrombosis of the brain vessels. He had been smoking for 25 years. For the previous three years, he had been suffering with severe headaches after strenuous work. Once, he shook his head, trying to fight tardiness and found himself in hospital. For one month the patient received intravenous treatment. He had "Scotoma," a defect of the field in the lower left part of the eyesight - that part where a driver would normally see a mirror (interesting coincidence isn't it?). His driving license was taken away and he lost his job, which he relied on to keep his family. He was offered an invalidity pension, but the amount of pension was not enough. He had another way - to gain a new speciality, which was difficult, as he was 45 years old.

When the patient asked for help, he was offered cranial SCENAR therapy. His head was shaved and work was conducted all over the head, especially at the base of the skull. Action was applied on the spinal column, collar zone, the eyes, optic nerve, reflective zones of the eyes, on the soles, the palms, and the tips of all fingers and toes.

Improvement was slow but steady. The problems of an uncertain gait improved and bumping into things during walking stopped. The patient stopped smoking and performed special exercises, hoping to join the two hemispheres of the brain together. Frequently he had a course of treatment using garlic, (in order to dissolve accumulated cholesterol) and drank nettle tea (to purify the blood).

There was no doubt that the patient had a great willingness to recover, (many times in his dreams, he saw that he was driving a car again) and this willingness was supported a lot. Positive visualisation was used as a "first step" because a person's dream can come true if he/she is thinking about it constantly.

20 sessions were conducted. On the 20th session the patient drove the car himself, unaccompanied.

Knowledge of acupuncture can be a great help when using SCENAR therapy. Knowledge of the points and the procedures for application of action on them is important, but knowledge of holistic teachings is even more important. This ancient Chinese science looks upon man as a unity between the body, the soul and mind. When illnesses arise, holistic science studies all three sides and tries to restore their harmony. That is in contradiction to orthodox medicine, which breaks up man into the organs' systems, then the organs themselves, and then the molecules and atoms. During the course of this process, though, the slogan "Treat the patient, not the disease!" has lost its power. But why is SCENAR therapy better than acupuncture anyway?

- The skilled SCENAR therapist conducts the process in such a way, that the action is fully optimised
- It does not provoke painful sensations There are no needles to fear
- It acts quicker than needles
- We can find acupuncture points by using SCENAR. But, if an illness is cured, there is no reaction from the acupuncture point, whereas, with SCENAR, we get a signal indicating the absence of the illness;
- With SCENAR, we work not only in the meridians, but also in the separate points and projections of the organs themselves! It is worth thinking about the great importance of this fact.